Inflation and the Swampland criteria

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Reference

Chaotic inflation on the brane and the Swampland Criteria

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arXiv:1810.01644

Outline

- The Swampland criteria
- What is the problem?
- Possible ways out
- Chaotic inflation on the brane
- Conclusion

String theory

- A candidate of UV completed quantum gravity.
- String theory has no free parameters.
- String theory has no global symmetry.
- De Sitter space is hard to obtain.
- How to verify?



String landscape

• No free parameter but lots of solutions!

~10⁵⁰⁰

~10²⁷²⁰⁰⁰

1511.03209 Taylor and Wang

Maybe any EFT can arise from the landscape? Anything is possible?

Comepare to

$$\frac{8.8 \times 10^{28}}{1.6 \times 10^{-33}} = 5.5 \times 10^{61}$$



Multiverse





Weak gravity conjecture (WGC)

- Gravity is the weakest force.
- Gauge symmetries vs. Global symmetries

No-hair theorem

• gq/m > 1

 $\Lambda \,=\, g M_{
m Pl}, \,\,$ A hidden new UV scale

Extremal black holes should be able to decay.

Cosmic censorship conjecture

$$F_e \sim \frac{q^2}{r^2}$$
. $F_g \sim \frac{m^2}{M_p^2 r^2}$.
 $F_g \leq F_e$. $\left(\frac{m}{M_p}\right) \leq q$.



What is a swampland?

Vafa hep-th/0509212

- Can any effective field theory be consistant with quantum gravity?
- If yes, what is the use of quantum gravity?
- Most of the EFTs are in the swampland.
- Swampland EFT cannot be UV embedded in quantum gravity.



Swampland Distance Conjecture

Hep-th/0605264 Ooguri and Vafa



Infinite tower of states

 $m(P) \leq m(Q)e^{-\lambda\Delta\phi}$

 $\Lambda_{\text{cut-off}} \sim \Lambda_0 \exp(-\lambda \Delta \phi)$

Swampland de Sitter Conjecture

Obied, Ooguri, Spodyneiko, and Vafa 1806.08362

(meta-)stable de Sitter vacuum belongs to the swampland.



The swampland criteria

$$\frac{\Delta\phi}{M_P} < \mathcal{O}(1).$$

Swampland Distance Conjecture

$$M_P \frac{|V'|}{V} > c \sim \mathcal{O}(1)$$

Swampland de Sitter Conjecture

Objection to swampland conjectrues

- The landscape, the swampland and the era of precision cosmology, Akrami, Kallosh, Linde, Vardanyan, 1808.09440
- De Sitter vacua in string theory, Kachru, Kallosh, Linde, Trivedi, hep-th/0301240 (known as the KKLT construction)

"We explain why we consider these conjectures problematic and not well motivated, ..."

Eva Silverstein: They [Vafa and others] essentially just speculate that those things don't exist, citing very limited and in some cases highly dubious analyses.

Will Kinney: The landscape is a conjecture. The "swampland" is a conjecture built on a conjecture.

What is the problem?

- Higgs
- QCD axion
- Cosmological constant
- (metastable) De Sitter vacua
- Inflation



What is the problem?

$$N = \frac{1}{M_P^2} \int \frac{V}{V'} d\phi \simeq \frac{\frac{\Delta \phi}{M_P}}{M_P \frac{V'}{V}}$$

Inflation does not happen?

Tensor to scalar ratio

$$\epsilon = \frac{1}{2} \left(\frac{V'}{V} \right)^2 = \frac{1}{2} c^2$$

$$M_P \frac{|V'|}{V} > c \sim \mathcal{O}(1)$$

$$r = 16\epsilon = 8c^2 \lesssim 0.06$$

$$c \lesssim 0.087$$

Too big?

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1807.06211



Literatures

- A note on Inflation and the Swampland (1807.05445), Kehagias and Riotto
- The string swampland constraints require multi-field inflation (1807.04390), Achucarro and Palma
- A note on Single-field Inflation and the Swampland Criteria (1809.03962), Das
- Avoiding the string swampland in single-field inflation: Excited initial states (1809.01277) (Brahma and Hossain)
- The Zoo Plot Meets the Swampland: Mutual (In)Consistency of Single-Field Inflation, String Conjectures, and Cosmological Data (1808.06424), Kinney, Vagnozzi, and Visinelli

Here, we show that the swampland conjectures are inconsistent with existing observational constraints on single-field inflation. ... Extension to non-canonical models such as DBI Inflation does not significantly weaken the bound.

Inflation on the brane

$$H^2 = \frac{1}{3M_P} \rho \left[1 + \frac{\rho}{2\Lambda} \right],$$

Maartens, Wands, Bassett, and Heard hep-ph/9912464

$$M_4 = \sqrt{\frac{3}{4\pi}} \left(\frac{M_5^2}{\sqrt{\Lambda}}\right) M_5,$$

At high energies, Hubble expansion is faster.

$$\epsilon \equiv \frac{1}{2} \left(\frac{V'}{V} \right)^2 \frac{1}{\left(1 + \frac{V}{2\Lambda} \right)^2} \left(1 + \frac{V}{\Lambda} \right),$$
$$\eta \equiv \left(\frac{V''}{V} \right) \left(\frac{1}{1 + \frac{V}{2\Lambda}} \right).$$

Inflation on the brane

$$N = \int_{\phi_e}^{\phi_i} \left(\frac{V}{V'}\right) \left(1 + \frac{V}{2\Lambda}\right) d\phi.$$

$$P_R = \frac{1}{12\pi^2} \frac{V^3}{V'^2} \left(1 + \frac{V}{2\Lambda}\right)^3.$$

$$n_s = 1 + 2\eta - 6\epsilon.$$

$$\alpha = \frac{dn_s}{d\ln k} = -\frac{dn_s}{dN}.$$

Chaotic inflation on the brane

$$V = a\phi^p.$$



The spectral index



The running spectral index





 $V/\Lambda > 100,$

$$\Lambda^{\frac{1}{6}} < 1.15 \times 10^{-2} \times 2^{\frac{p}{2p+4}} \left[\frac{p}{120(p+2)} \right]^{\frac{2p+1}{3p+6}}.$$

The upper bound of Λ



The range of Λ

 $1.92 \times 10^{-9} \lesssim \Lambda^{\frac{1}{6}} \lesssim 10^{-3}.$



The upper bound of ϕ_i





V'/V



The tensor to scalar ratio

$$r = 16\epsilon.$$

For
$$V/\Lambda \ll 1$$
,

$$r = 24\epsilon = \frac{2p}{5(p+2)},$$

For
$$V/\Lambda \gg 1$$
.

The tensor to scalar ratio r



Conclusion

- Chaotic inflation on the brane is a single field inflation which can satisfy the Swampland criteria with the Bunch-Davies initial state.
- If p<0.35, we have r<0.06.